

Compression Garment Clinical Criteria

This Guideline has been developed in consultation with expert clinicians and is designed to specify EnableNSW clinical criteria for this group of assistive technology; items provided; eligible prescribers and provide a basis for consistent and transparent decision making. Refer to EnableNSW Eligibility Criteria to check a person's eligibility before submitting a request.

OMPRESSION GARMENTS

This list is not exhaustive. EnableNSW will make the final decision regarding the provision of equipment that is not specifically included or excluded in the guidelines. Eligible prescribers are not required to register with or be approved by EnableNSW. Prescribers, registered through AHPRA, and who have completed the relevant training, may request equipment for residents of NSW, regardless of the location of the clinical service.

Included compression garments	Clinical Criteria	Allocation	Request Process
<p>Group 1 Ready to Wear (RTW) Therapeutic Goods Administration (TGA) registered compression garments</p> <ul style="list-style-type: none"> NSW Health Contract (963) items must be considered in the first instance 	<p>Meets the following criteria:</p> <ol style="list-style-type: none"> The person's oedema is stable, swelling has been minimised, pitting oedema is absent or minimal, any shape distortion optimised and the affected area stabilised <p>AND</p> <ol style="list-style-type: none"> Successful trial of the garment has been completed and person/carer is compliant with recommended use <p>AND meets at least one of the following criteria:</p> <ol style="list-style-type: none"> Compression garments are required for the long term management of lymphoedema that severely limits participation in core activities of daily living, functional limb use, safe transfers or mobility Compression garments are required for the long term management of chronic severe venous insufficiency that severely limits participation in core activities of daily living, functional limb use, safe transfers or mobility 	<p>Maximum 2 sets of garments per affected limb (2 garments per body part) every 6 months</p>	<p>Eligible Prescribers Group 1: Registered Occupational Therapist, Registered Physiotherapist, Medical Officer, Registered Nurse WITH completion of Level 1 Lymphoedema Training Course, recognised by the Australasian Lymphology Association</p> <p>Submit a Compression Garment Request Form for initial EnableNSW requests</p> <p>Submit a Reorder form every 6 months for exact duplicate garments OR Submit a new Compression Garment Request Form if there is a change in garment prescription</p> <p>An up-to-date quote or 963 contract product code is required with each request or reorder</p>

Included compression garments	Clinical Criteria	Allocation	Request Process
<p>Group 2 Custom made Therapeutic Goods Administration (TGA) registered compression garments</p> <ul style="list-style-type: none"> NSW Health Contract (963) suppliers must be considered in the first instance 	<p>Requests meet all of the following criteria:</p> <ol style="list-style-type: none"> Ready to wear (RTW - Group 1) garment criteria met RTW garments considered/trialed Limb size or shape is not compatible with RTW garments 	<p>Maximum 2 sets of garments per affected limb (2 garments per body part) every 6 months</p>	<p>Eligible Prescribers Group 2: Registered Occupational Therapist, Registered Physiotherapist, Medical Officer, Registered Nurse WITH completion of Level 1 Lymphoedema Training Course, recognised by the Australasian Lymphology Association AND with > 1 year experience and more than 3 prescriptions of customised compression garments</p> <p>Submit a Compression Garment Request Form for initial EnableNSW requests</p> <p>Submit a Reorder form every 6 months for exact duplicate garments OR Submit a new Compression Garment Request Form if there is a change in garment prescription</p> <p>An up-to-date quote or contract product code is required with each request or reorder</p>

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Excluded equipment	<ul style="list-style-type: none"> • First set of compression garments • Compression garments for acute treatment e.g. burns patients • Compression garments for short term management • Compression garments for varicose veins or post-acute/outpatient care • Electrical air compression pumps • Donning aids • Structural therapy garments, hernia supports • Therapy splints • Anti-embolic stockings • Annual cost of garments is less than \$100 for band 1-2 consumers or less than \$800 for band 3 consumers
Contracts in Place	NSW Health Contract 963 Allied Health

Additional Features considered

This table includes components which may be funded by EnableNSW when justified by the prescriber as basic to meeting a person's core functional goals. This list is not exhaustive.

Components	May be funded when
Additional reinforcement e.g. leather, double stitching	Person is physically active, or is morbidly obese, or has unusual movement patterns which result in increased wear on the garments
Additional zippers	Person is unable to don and doff regular garments, or to avoid shearing forces over ulcerated/fragile skin
Layered garments	Person has difficulty donning garments OR Person requires greater than 70mmHg compression levels
Hydrophobic linings	Person has extreme sensitivity or allergic reaction to garment. Documentation must be provided from a medical practitioner (e.g. GP, Specialist)
Lining for acute joint angle i.e. elbow, ankle, knee	Required for acute joint angles, to reduce friction in persons with fragile/ulcerated skin or where previous garments have caused skin irritation
Oblique toe, slipform, bias, T-heels, bar loop, shoulder/body straps, slant inserts	Required to assist anatomical fit
Non NSW Health Contract 963 ready to wear items	Contract items do not meet person's requirements due to fit, fabric or other clinical need
Non NSW Health Contract 963 suppliers of custom made garments	Custom made garments from Non Contract suppliers are only considered where contract options are not suitable to meet a person's clinical needs. Exceptions will be considered on a case by case basis due to location of the clinical service