### CONTINENCE

#### Eligible Prescribers
- Continence Advisor/Nurse; Clinical Nurse Consultant (CNC); Clinical Nurse Specialist (CNS); Nurse Practitioner; or Registered nurse with accredited continence or relevant speciality course.
- Registered Nurse with >1 year experience in continence management and 3 previous supervised prescriptions.
- Registered Nurse who has received education programs and/or supervision from their clinical service and is approved to prescribe the continence product/s being requested.
- Doctors and other allied health professionals may prescribe in special circumstances in which an eligible prescriber is unavailable. Please contact an advisor at EnableNSW before submitting form.

#### Includes
- Disposable and reusable products

#### Excludes
- Please refer to Policy Directive (PD2011_027) Section 3.2 General Exclusions

- Includes but is not limited to:
  - Dressings and tape
  - Gloves
  - Aperients, enemas & suppositories
  - Devices used for the administration of medications
  - Cleaning and sterilising products
  - Gels and creams
  - Disposable continence sheets (blueys)
  - Products for mild stress incontinence and nocturnal enuresis
  - Products covered by other associations
  - Nappies for children < 3 years
  - Underpants

#### Contracts in place
- NSW Government Continence and Sexual Health Contract 250

#### Standard annual supply *
- Consumers should be informed of the process and cost of purchasing additional products as required
- Actual amount received may vary slightly depending on packaging sizes
- For non-standard supply, other items and CAPS ineligible consumers see Appendices

#### Disposable pads/nappies/pull-ups
- 810 per year when incontinent of urine or faeces
- 1080 per year when incontinent of urine and faeces

**OR**

#### Washable pads/pull-ups/pant system
- 18 per year when incontinent of urine or faeces
- 24 per year when incontinent of urine and faeces

#### Catheters
- 600 per year intermittent, or
- 9 per year indwelling, or
- 9 per year reusable intermittent catheters (includes 3 sets and 6 catheters)

* For CAPS eligible consumers
### Sheaths / Condom drainage
- 270 per year, or
- 2 per year reusable uridomes

### Drainage Accessories
- 36 per year of disposable leg bags, or
- 2 per year of reusable/extended care leg bags, and
- 36 per year of disposable overnight bags, or
- 2 per year of reusable drainage bottle, and
- 6 per year of drainage tubes

### Accessories
- 4 per year of thigh/catheter straps
- 2 per year of extra wide/deluxe leg straps
- 2 per year of bowel washouts kits
- 3 per year of single washable bed pads
- 9 per year of catheter valves

### Availability of equipment under other services

**Continence Aids Payment Scheme (CAPS)**
- Residential Aged Care Facilities, EACH-D and EACH programs are responsible for the provision of continence aids for eligible people

**Stoma Appliance Scheme**

**Pharmaceutical Benefit Scheme (PBS)**

### Identification Of Need / Clinical criteria

**Continence equipment and consumable items may be funded when:**

**Consumer has:**
- a permanent moderate to severe incontinence **AND**
- equipment needs greater than would be covered by CAPS funding for consumers eligible for **CAPS OR** consumer is not eligible for **CAPS**

### Consumer Information

**Provide**
- Current address and contact details
- Consumer’s eligibility for CAPS
- Diagnosis
- Consumer incontinent of urine and/or faeces
- Permanent moderate to severe incontinence
- Whether consumer can request a change of size without reassessment

**Consider**
- Whether a contact person is required
- Potential changes that may impact on the request
## Equipment Recommendations

Provide
- Correct product name, size, manufacturer code AND the annual supply requested
- Supplier details for off-contract items

Note: Costing of product not required, however consumers should be informed of the process and cost of purchasing additional products themselves as required.

## Equipment Justification

Provide
- Goal
- Additional clinical justification for non standard, off contract items, nonstandard ordering cycles and increase of supply – see appendix for specific details

Confirm
- Risks to consumer/carer/others if items are not provided
- Assessments were conducted
- Evidence the product has been trialled or has past successful record of use
- Consumer/carer is aware of annual supply amount through Enable and how to purchase additional supplies if required and how to meet their continence needs for goods that are not provided by EnableNSW
- The consumer/carer has been provided with training and written instructions on the use and care of equipment as clinically indicated or indicated by manufacturer
- That consumer/carer has details of local contact for ongoing clinical management if consumer is being discharged to another area

Consider
- Possibility of non compliance due to social, cognitive or other factors
- Consumer/carer has a contingency plan if supply not fully adequate or products not available in time
- Whether consumer is ambulant or uses a wheelchair for mobility and the impact of this on equipment choice
- Whether consumer’s vision or dexterity will impact on their ability to use equipment.
- Consumer cognition and compliance with prescribed management
- Other co morbidities that may impact on selection of products i.e. pressure care, obesity etc.

## Plan for delivery

Consider
- Who needs to be notified when funding has been approved for items requested and the first order is ready to be placed and provide their name and contact details
- Delivery will be to the consumer’s home. Indicate what should happen to delivery if client is not at home. Please provide clear instructions if delivery is to an alternative place including: place of work; family/friend/neighbours home; local post office etc.
|                | http://www.racgp.org.au/guidelines/incontinence |
### Appendix 1: Adjusted Annual Supply

<table>
<thead>
<tr>
<th>Clinical Criteria and/or Additional Documentation for Non Standard Item or Adjusted Annual Supply</th>
<th>Adjusted Annual Supply</th>
</tr>
</thead>
</table>
| • When ineligible for CAPS and 5 years of age and over | Disposable pads/nappies/pullups 1080 per year  
**OR**  
Washable pads/pullups/pant system  
• 24 per year |
| | Catheters  
• 800 per year intermittent, **or**  
• 12 per year indwelling, **or**  
• 12 per year reusable intermittent catheters (includes 4 sets and 8 catheters) |
| | Sheaths / Condom drainage  
• 360 per year, **or**  
• 2 per year reusable uridomes |
| | Drainage Accessories  
• 52 per year of disposable leg bags, **or**  
• 2 per year of reusable/extended care leg bags **and**  
• 52 per year of disposable overnight bags, **or**  
• 2 per year of reusable drainage bottle **and**  
• 7 per year of drainage Tubes |
| | Accessories  
• 4 per year of thigh/catheter straps  
• 2 per year of extra wide/deluxe leg straps  
• 2 per year of bowel washouts kits  
• 3 per year for single washable bed pads  
• 12 per year catheter valves |
<table>
<thead>
<tr>
<th>Clinical Criteria and/or Additional Documentation for Non Standard Item or Adjusted Annual Supply</th>
<th>Adjusted Annual Supply</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Nappies for children 3 – 5 years</strong></td>
<td></td>
</tr>
<tr>
<td>• Neurogenic bowel and bladder due to lower motor neuron condition OR</td>
<td></td>
</tr>
<tr>
<td>• Toilet training program is unable to be commenced due to consumer’s multiple disability or co-morbidities OR</td>
<td></td>
</tr>
</tbody>
</table>
| • Outcomes from participating in a toilet training program over a period of 6 months indicate that toilet training will not be achieved by 5 years of age as supported by documentation from early intervention team | 810 per year when incontinent of urine or faeces  
1080 per year when incontinent of urine and faeces |
| **Single use catheter for CISC**                                                                 |                        |
| • Medical specialist/continence advisor letter indicating clinical need for increased supply based on the criteria that this will reduce incidence of urinary tract and other renal infections | 800 per year          |
## Appendix 2: Non standard items

<table>
<thead>
<tr>
<th>Clinical Criteria and/or Additional Documentation for Non Standard Items</th>
<th>Annual Supply</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Adhesive</strong>&lt;br&gt;For non-adhesive type uridomes / sheaths on prescriber request</td>
<td>• 9 Bottles per year</td>
</tr>
<tr>
<td><strong>Anal plugs</strong>&lt;br&gt;Anal sphincter deficit or neurogenic faecal incontinence resulting in passive leaking of stool and is to be used on a regular basis with a bowel program</td>
<td>• 144 per year</td>
</tr>
<tr>
<td><strong>Drainage accessories</strong>&lt;br&gt;Upon prescriber request</td>
<td>• Tubing&lt;br&gt;2M per year&lt;br&gt;• Stocking style leg bag holder&lt;br&gt;4 per year</td>
</tr>
<tr>
<td><strong>Disposable bed pads</strong>&lt;br&gt;• Consumer is bed bound and requests bed pads in place of other pads.&lt;br&gt;• Confirmation that use of bed pads is consistent with pressure care management</td>
<td>• 810 per year when incontinent of urine or faeces&lt;br&gt;• 1080 per year when incontinent of urine and faeces</td>
</tr>
<tr>
<td><strong>IDC/SPC</strong>&lt;br&gt;• History of recurrent UTI’s as evidenced by prescriber from documented medical history or GP/medical specialist.</td>
<td>• 12 per year&lt;br&gt;Note: Leg bags and night drainage items will also increase in supply as indicated in Appendix 1</td>
</tr>
<tr>
<td><strong>Non contract items</strong>&lt;br&gt;• Contract items have been trialled and have been unsuccessful&lt;br&gt;• Clinically appropriate product is not available on contract</td>
<td>• Annual supply equivalent to the product being replaced</td>
</tr>
<tr>
<td><strong>Self lubricating catheters</strong>&lt;br&gt;Supporting documentation from Urologist regarding strictures confirmed from cystoscopy</td>
<td>• 270 per year</td>
</tr>
<tr>
<td><strong>Overnight drainage bags</strong>&lt;br&gt;Consumer is independent with nil carer support and dexterity problems that mean consumer can not re-clean bags and is at increased risk of developing renal infections. And&lt;br&gt;Consumer cannot use drainage bottle</td>
<td>• 270 per year</td>
</tr>
</tbody>
</table>
Appendix 3: Non standard supply *
* Please note that each case will be considered on a case by case basis.

<table>
<thead>
<tr>
<th>Clinical Criteria and Additional Documentation for Non Standard Supply</th>
<th>Adjusted Annual Supply</th>
</tr>
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</table>
| **Disposable pads**  
When incontinent of both urine and faeces  
• Destruction of pads due to severe behavioural/cognitive issues, **AND**  
• Supporting documentation from behavioural support team outlining behavioural support strategies including time frames and outcomes e.g. Psychologist, teacher, OT. | • 1080 disposable + 9 reusable pads  
OR  
• 1440 disposable per year |
| **Disposable pads**  
When incontinent of urine only  
Chronic renal disease, chronic heart disease, or lymphodaema when supported by GP or medical specialist letter | • 1080 per year |
| **IDC/SPC**  
• Blocking despite preventative measures, sediment in the bladder, and history of renal complications. Requires supporting letter from continence advisor or medical specialist | • 15 per year |